Dear Parents, Teachers and Friends,

As we are over halfway through our Lenten observances, it is timely to reflect on those promises initially made on Ash Wednesday and ask if we are living up to our vision of how we were going to intend to share this journey with Jesus. Perhaps some personal reflection is needed to get ourselves ‘back on track’ for the remainder of this Lenten period.

Lord, Your life never focussed on the accumulation Of possessions but rather on the giving of Yourself To people of less advantage.
Help me to move from my comfort zone this Lent And be giving of myself in Your name.
Amen.

**PRIMARY SCHOOL ASSEMBLY**
The next Primary assembly is this Thursday at 2:00 pm in the hall being led by Year 5. All are welcome to come along.

**ST PATRICK’S EVENING**
This Saturday evening we are having a St Patrick’s celebration in the school grounds beginning at 6:00 pm with a mass. This will be followed by a meal and entertainment. There will be plenty on offer to keep all amused. Tickets are $15 per adult and $5 per child under 12, meal included.
FOOTY TIPPING
The St Mary's P & F Footy Tipping comp is on again this year. This is an important fund raiser and we encourage all to get involved. Cost is $50 per tipper. As usual, there are some terrific prizes on offer. P & F funds raised this year will go toward the purchase of a school bus.

God Bless

Steve O’Halloran
Principal

Head of Primary News
If your household is anything like mine at the moment you may have young children who are coming home from school very tired, worn out and maybe even a little anxious and apprehensive about returning to school the following day. I keep having to remind myself that all of this is normal as children and families try to readjust to being back at school. For students, they are trying to adjust to a new teacher, new work load, new class and in the case of some students, new friends. For parents, dropping our dearly beloved at school can be a challenge in itself as we try to adjust back into the routine of morning drop off then getting on with our day. Personally, I know that it can be difficult to come home after a hard day’s work and switch back into family mode. However, I have read something lately that has really challenged the way I parent and has made me rethink the workload and stress that I bring home to my family.

Distressed or Deliberately Defiant by Dr Judith A Howard is a book written for parents and educators who are dealing with challenging behaviours. The book addresses the importance of early attachment to parents from a young age and how our reactions to their behaviour can shape their future behaviour.

Children are not born with the ability to rationalise or regulate their own emotions. They need you to show them how to do that. I constantly find myself having to remember this every time we have a meltdown or a tantrum after a long day at school, that it doesn’t matter how tired or busy I am, my children need me. A tantrum is their way of asking for help, their way of saying, I don’t get it and I need you to show me.

If your children are anything like mine at the moment, my advice is to be positive and be patient. It will get easier!

Mr Andrew Gammon
Head of Primary School
St Mary Star of the Sea Parish
Parish Priest : Fr Mariusz
Phone: 99411768
Weekend Mass Times:
Saturday 7pm
Sunday 8am & 10am

News from Parish
LENT Stations of the Cross will be held each Friday at 7pm followed by Mass.
Lenten Program Every Wednesday after 7pm Mass - held at the Parish Office.
Busy Bee On Saturday the 12th March commencing 8.30am at the Church
Passion Sunday - Year 2 Class Mass 10am - 20th March
Good Friday - 25th March
Easter Vigil - 26th March
Easter Sunday - 27th March
Easter Monday - 28th March
Easter Tuesday - 29th March
MS3 and MS4 Homeroom Mass - Sunday 3rd April

CAN YOU PLEASE HELP?
Our School is an integral part of the Parish, and we are appealing for help from Parents to commit to the Rosters in the Church. We need names on the Reading Roster, the Power Point Roster and especially the Cleaning Roster. There is a roster sheet on the table at the back of the Church or you can leave your name with Anna Brooks if you are prepared to commit to a Roster. The more names we can have the less times your name comes around. If you can spare just 1 hour with a partner to clean the Church it would be so very much appreciated.

We do all expect the Church to be kept nice but we need people to help do this. Thank you all for considering this request.

Yvonne Fahl, Parish Council Secretary

News from the Bursar
SCHOOL FEES
Please remember to complete your Payment Options form and return it to the school. This indicates your commitment to the school with regards to your fees. Forms will be sent out with accounts to any families who have not returned their form. If you have any queries please call Anna on 99411328.

FEE CONCESSIONS
Holders of Centrelink Health Care and Pension Cards may be eligible to receive Fee Discounts. The card must be current and show the names of the children attending school. The discount can only be given to the person responsible for payment of the school fees. The discounts are available for students from Kindy to Year 10.

Secondary Student Assistance Parents who hold either card and have children in Yrs 7 – 10 may also be eligible for the Education Dept Secondary Student Assistance. Applications for Secondary Assistance close on Friday 8th April.

All families claiming fee discounts MUST complete new forms for 2016. Please bring your card with you as we are required to sight and copy the card.

Thankyou. Anna Brooks
It is our pleasure to be inviting you to the upcoming St Patrick’s Night on the 12th of March. This year’s fantastic St Patrick’s night will be hosted by the great Year 10 Business/Leadership Class of 2016 and the amazing St Mary’s P&F. Gates will open at 5:15pm. The evening’s festivities will begin with the children’s Treasure Hunt at 5:30pm, then the formalities with the Celebratory Mass at 6:00pm. This will be followed by dinner and the evening’s entertainments! There will be tickets include entry to the door prize available at the door and the evening’s shenanigans will include:

- Best Dressed Competition
- Raffle
- Lucky 100 Boards
- Games and competitions
- Live Entertainment (LND&A)
- Great Family Fun

Tickets

- $15 – Adults
- $5 – Kids (12 & Under)

Tickets are available at the school’s front office and Everywhere Travel, and will also be available on the night.

St. Patrick’s Day

St Mary Star of the Sea Carnarvon
Johnston Street
Carnarvon WA 6701
Lent is a time of reflection and preparation. We take the time to think of others who are less fortunate than ourselves. Project Compassion shows us how we can help those people to have better lives. MS3 are showing our gratitude for our gifts by growing apples on our gratitude tree. Every apple we place on the gratitude tree helps support those who need our help.

We are grateful for your help!

For a $2 donation to MS3’s Project Compassion fund, you can share with the whole school what you are grateful for this Lenten Season.

Apples available Tuesday lunch times during Lent.
2016 School Calendar
The 2015 Year 10 Students are proud to announce that the 2016 School Calendar is now available. The calendars feature several images from each class. All proceeds raised will go towards the purchasing of a new school bus.

School Calendars are now $10 each and available for sale at the school office.

Carnarvon School Dentist
The school dentist is now open now until Thursday 17th March and is situated at the Carnarvon Community College Marmion Street Campus.

Bookclub
Bookclub is due back to the office on Wednesday 16th March. No late orders will be accepted.

Thank you
Tracy Fernihough
Bookclub Co-ordinator

I ❤ Book Club

Nagle Catholic College
Invites parents of Carnarvon primary and middle school aged children to attend our Carnarvon Campus Information Evening Monday 14 March 2016 at 6pm Carnarvon Campus of Nagle Catholic College 39 Egan Street
Learn about the exciting opportunities Nagle Catholic College can offer your child as a Year 11 and Year 12 student at our Carnarvon Campus
RSVP essential by Thursday 10 March to Mrs Breid Peake 99200 500 peake.breid@ncc.wa.edu.au

THIS SATURDAY at the Camel Lane Theatre...
A perfect family outing, celebrating the remarkable joy and companionship that an animal can bring to our lives—don't miss RACHIKO from 4pm THIS Saturday.
Based on a true story from Japan, Hachiko (ha-chik-o) uses simplicity, beauty and gentle poetic storytelling to ensure both children and adults alike will be drawn into the true story of a dog that waited at a Tokyo train station every day, for nine years, for his owner to return. Utilising Japanese inspired paper crafts, puppetry, the production brings Hachiko the dog and his owner, Professor Ueno, to life. Hachiko is a show for the whole family to share and an experience that will stay with you long after you leave the venue.
Saturday 12th March
4pm
Camel Lane Theatre

Adults $15 Concessions $13 Children $12
Available now at the Civic Centre, through www.carnarvon.clicentre.com or call 9941 4200

CARNARVON CIVIC CENTRE
Camel Lane Theatre The Woolshed
4 March 2016

Dear Parents

This year our St Pat’s Family night is on Saturday 12th March, 2015.

We will be requiring some help with preparations on the day. If you are able to assist, please return the note below to the school office by Thursday 10th March, 2016.

Please tick the box alongside the items you can assist with, even if it is for one hour, it would be very much appreciated. Thanking you in anticipation.

P & F Committee and Year 10 Leadership Group

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<tr>
<th>Thursday</th>
<th>Donation of fruit and Veg to be delivered to the school office</th>
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<tr>
<td>Preparing Salads &amp; desserts</td>
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<td>Setting up chairs, tables etc</td>
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| 6.30pm   |
|          |
| Cooking on BBQ |
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| 7.00pm   |
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| Serve food undercroft area |
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<td>Clean up and pack away</td>
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