



School Newsletter

Term 2 Issue 2

3rd May 2017

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Steve O'Halloran

Marie Gane
Robyn Bumbak
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St Mary Star of the Sea School Board

Ex-Officio	Karen Gilbert
Ex-Officio	Jim Andreoli
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Member	
Member	
Member	

Treasurer
Member
Vice Chair
P&F Rep

FROM THE PRINCIPAL'S DESK

IMPORTANT DATES TO REMEMBER

Friday 5th May

MS Assembly - 1pm

Tuesday 9th to Thursday 11th May

PS Assembly - 2pm

Tuesday 9th May

NAPLAN - Yr's 3, 5, 7 & 9

Friday 12th May

NAGLE Open Day - 11am to 2pm

Saturday 13th May

Mother's Day Liturgy and Morning Tea

Sunday 14th May

Our Lady of Fatima night

Wednesday 17th May

Mother's Day

Thursday 18th May

Board Meeting - 7:30pm

Friday 19th May

P&F Meeting

MS Assembly - 1pm

PS Assembly - 2pm - Year 3

St Mary Star of the Sea
Catholic Parish, Carnarvon



1917-2017
100 Years of Fatima

Our
Lady of
Fatima
Evening

Saturday 13th May 2017

Mass & Procession 6pm

Dinner ~ Drinks ~ Raffle & Auction ~

Gassy River Band ~ Special Guests

Tickets from School Office or after Mass

Adult: \$25 Child \$10

Family (2 adults & 2 children): \$60

Dear Parents, Teachers and Friends,

As parents we are the first teachers of our children. This requires positive and active leadership. We can never provide leadership if we are always reactive and constantly responding to crises. When we simply react, it indicates that our children have taken the lead and we are following; we are following children who have little life experience, little wisdom and only a blurred vision of where they are going. Whatever we want our children to be, we have to demonstrate it to them and be successful models for them, so they can see the benefits of what it is we are leading them to be. If we abdicate leadership, we deprive our children of guidance and create opportunities for perhaps less desirable influences to enter their lives; all the more reason for us to be upfront leaders.

If we are parents who lead, we can create opportunities for our children to thrive. We should never be apologetic about demanding high standards. Our children need us to set standards and clearly define boundaries within which there is freedom for our children to make positive choices about their intended achievements and their social responsibilities. We assume leadership in this area, because we are more experienced, knowledgeable and wise. To be successful in this area, we need to be relaxed, warm and accepting whilst still being firm and insistent. We parents can never expect to have total "guidance control" of our children; however, we can ensure that they stay well within our influence.

Through our consistency they will have a conscience for life that will ensure that they bring balanced considerations to important decision making. Like us, our children will be confronted with situations where the outcome is difficult to decide; indecision should never lead to inaction. When we are faced with tough choices, we need to brace ourselves, choose what we consider to be the best way forward and set about it in a positive manner.

As Christian parents, we have been invited by God, through the Sacrament of Christian Marriage, to lead our children to grow into confident, considerate, genuine adults who are committed to live by Christian principles. The Sacrament of Christian Marriage is ever within us, waiting for us to draw upon its gifts and graces for the benefit of our own personal relationship with our spouse and our relationship with our children.

"God our Father,
We thank You for the gift of life.

Help us to be attentive to the needs of our children.

Help us to lead them to wise choices about their lives.

We ask that the gifts of wisdom, right judgement and courage be strong within us.
Amen."

PARISH FATIMA NIGHT

This promises to be big event as it is the 100th Anniversary since Our Lady of Fatima appeared to Lúcia Santos and her cousins Jacinta and Francisco Marto. The evening will begin with a Mass and procession at 6:00 pm followed by a social evening on the school grounds. All are welcome to come along and celebrate this historic event. Tickets are available from the office.

NAPLAN TESTING WEEK 3

NAPLAN testing will be occurring for Years 3, 5, 7 and 9 during Week 3 of this term. There is no point cramming for NAPLAN, it tests student learning from Kindergarten through to Year 9. The best preparation for any assessment is a good nights' sleep and nutritional breakfast.

God Bless



Steve O'Halloran
Principal



Head of Primary School

Growth Coaching

This week I have been fortunate enough to have attended Growth Coaching professional development with other leaders in education. A major part of coaching is the skill of listening. Stephen Covey, American author and speaker, suggests that the average person listens to respond rather than listens to understand. In a generation where research finds that we are more disconnected as a human race than ever before, there is no skill more important than being able to listen attentively and hold a conversation with others. We have been told that to show a person that we are listening attentively we need to make eye contact, nod and repeat what others are saying. Celeste Headlee, American journalist and presenter, believes that this is rubbish and if we are actively listening to people, we do not need strategies to pretend that we are. She has identified 10 rules to follow which she believes, if you can improve, you will have better, more meaningful conversations with people. These include:

- Don't multitask – be present in the moment.
- Don't pontificate – don't state your opinion if you don't want a response.
- Use open ended questions – who, what, where, when and why.
- Go with the flow – thoughts will come to your mind whilst in conversation, let them go!
- If you don't know something, say it – do not pretend, ask for clarification.
- Don't equate your experience with theirs – all experiences are individual and if someone is opening up to you, don't make it about you.
- Try not to repeat yourself – its condescending.
- Avoid trying to remember dates, years, small details – people don't care about them, they care about you.
- Be brief – short, sharp to the point
- And the most important one, listen – be interested in others, close your mouth, open your mind and be prepared to be amazed. Everybody has something to offer.

NAPLAN

Next week the Year 3, 5, 7 and 9 students will sit their NAPLAN tests. Regardless what you believe about standardised testing, they are a useful tool for schools to ensure that the teaching that is happening is in line with what is expected. The tests themselves should not be seen as a burden on students, and whilst we encourage students to try their best, they are not the be all and end all of student progression. They indicate achievement in Maths and Literacy, and it is important that our students know, they are so much more than that.

Mother's Day

Our Mother's Day Liturgy will be celebrated at 9:30am on Friday 12th May. We are currently collecting photos for the slideshow. If you would like a photo in the presentation, you need to send an electronic copy to Mrs Faithful in the office. Alternatively, Mrs Punch will be walking around most mornings with the camera to take photos of mums with their children. Photos will be required by 3pm Friday 5th May, no later.

Book Week

I know how difficult it can be to order or create costumes in Carnarvon so I am giving some advanced notice regarding Book Week. Book Week will be held late August and the theme is "Escape to Everywhere!"

ANZAC Day

Last Friday, the Primary Student Council led our ANZAC day service. The service was very reverent and reminded us that war is not something to be celebrated, rather we celebrate the legacy the ANZACs left behind. A big thank you to Warrant Officer Brodie Kerr who talked to the students about the ANZAC spirit and how they can apply it to their lives today.



Kind regards

Mr Andrew Gammon
Head of Primary School



Mother's Day Morning Tea

Please join us on Friday, 12th May for our Mother's Day Liturgy, slide show and morning tea commencing at 9.30am in the School Hall.
All welcome

Photo's Requested for Mother's Day Slide Show

Each year we like to celebrate Mother's Day with a special morning tea preceded by a slide show in the school hall. Please email photos of Mum and the kids to admin@smsc.wa.edu.au. Photo's are required by Friday the 5th May at the latest. Thank you

Mother's Day Liturgy

Please bring any freshly cut flowers to the office on Friday the 12th May so that posies can be arranged by our students - any donations are greatly appreciated.



SEQTA Engage Parent Log-in

Dear Parents,

It is important that you please check your log in for SEQTA Engage as early as possible so that you will be able to access your child's report at the end of this term.

To do this you need to go to the following site:

<http://smsc.coneqt-p.cathednet.wa.edu.au/> and use your current username and password credentials.

If you have remembered your username but have forgotten your password, please click on the Forgot your password? link and an immediate email will be sent to you. The email will expire within one hour, so please action this immediately.

If you forgotten both of these, then please contact the school and we can remind you of your username.

If you are new to using SEQTA Engage then you will receive an email to set up a new log in account. This email will expire within 7 days so please, action this as soon as possible.

If you have any issues, please contact the school.

Uniform Shop.

The uniform shop is opened every Tuesday and Thursday from 2.15pm to 3.15pm.



Homework Classes

Homework classes are each Tuesday and Thursday. Please contact the school office for further information.

Parish News

Mass times have been changed - They are now
Saturday night - 7pm
Sunday morning - 9am



First Holy Communion

Thursday 25th May	Parent/Child Meeting
Saturday 27th May	Church Clean and Tidy-Up
Sunday 28th May	Eucharist



Confirmation

Thursday 15 th June	Confirmation Parent Meeting
Sunday 18 th June	Commitment Mass
Thursday 10 th August	Parent/Child Meeting
Saturday 12th August	Church Clean and Tidy-Up
Sunday 13 th August	Confirmation



CELEBRATION OF BISHOP JUSTIN'S SILVER JUBILEE AS BISHOP OF GERALDTON

The Silver Jubilee of the Episcopal Ordination of Bishop Justin as Bishop of Geraldton occurs on Friday 19th May. However we will have a diocesan celebration with Holy Mass on Sunday, 21st May at 9:30am in the Nagle Catholic College Gymnasium due to the Cathedral closure. There will be NO Mass at 9:30am on the day at St John's Church Rangeway.



ENTRY to the Gym will be off Maitland Street. There will be some reserved seating for the Bishop's Family and invited guests. However we can seat many more people than we can usually seat in the cathedral so there will be plenty of seating with easy access. Everyone is very welcome. Nagle Students will guide you once you enter College grounds and the Gym.

Please note: As we are using the College Gym, those who usually wear high heels will need to wear flat shoes or Wedges only. This is a strict rule to protect the floor of the Gym.

PARKING.

There will be only reserved parking outside the Nagle Gym: please use the Catholic Centre or QE II Centre Carpark or St Francis Xavier School Carpark.

SPECIAL ASSISTANCE

For Parishioners who require special assistance to enter the Gym, there is a ramp at the Maitland Street entrance and there will be provision for wheel chairs in the Gym.

Reserved parking will be reserved for the Bishop's Family and those who require close access to the Gym. Please contact Helen Long at the Bishop's House on 9921 3221 if you require that access.

"BRING AND SHARE" BRUNCH

After the Mass, there will be a "Bring and Share Brunch" at Queen Elizabeth II Centre at Maitland St., opposite the Bishop's House. Everyone is welcome to come along and celebrate this special day for our Diocese with Bishop Justin and his family.

Jane Whitaker is coordinating this brunch. Jane will be at the Centre on Sunday morning before the Mass to accept food for the brunch. The Queen Elizabeth II Centre Hall will be set up on Saturday morning by Jane. If you are able to assist in its setup, please contact Jane at the Bishop's House on 9921 3221.

If you have any queries, please contact Fr Michael at the Parish Office on 9964 1808.

"You and Me" PLAYGROUP

Facilitated Playgroup

Monday and Wednesday 9:00AM–12:00PM

Who: For Aboriginal and Torres Strait Islander
families with children 0-3 years old

Where: 30 Egan Street

FREE

For further information please contact Rebecca on
0438849334 or 0438849334@connect.wa.edu.au

Booking, Waiting, Register, Craft, Sporting and Music Classes

Come and
join in the
FUN!



www.carnarvon.ncc.wa.edu.au
carnarvon@ncc.wa.edu.au
08 9947 2001

Nagle Catholic College delights in the opportunity to share our College news with the St Mary's Community.

Term One was a fantastic start to the school year, with students commencing their learning programs and participating in a diverse range of co-curricular programs. These included completion of their Royal Life Saving Bronze Medallion, undertaking a 5km sponsored walk, joining the Geraldton campus for the Nagle tradition that is St Patrick's day games, and have made some noteworthy achievements both in the classroom and in their workplace learning.



Term Two promises to be just as successful, with students volunteering at the TropiCOOL Festival, participating in a community based fitness program, College retreat programs, and continuing their work towards completing Semester 1 courses. We look forward to being able to share with you further our student's accomplishments throughout the term.



COMMUNITY NEWS



Carnarvon Netball Association is really excited to offer

- **Net-set-go program:** open to all Carnarvon kids aged **5-10yo**. Net-set-go is a fun weekly program, held during term 2 & 3. Net-set-go is for boys and girls, no netball experience is necessary. To join head to the netball courts **Thursday 5.00**.
- **Junior Netball competition:** for girls aged 11-17 yrs. It is not too late to join netball. So many great benefits to joining our local netball association. To join head to the netball courts **Thursday 5.00**.

For more information contact Carnarvon Netball Association on Facebook or call Louise 0428921375.



Volunteer opportunities available: to help our juniors thrive we would love your help. Parents and carers and community members please raise your hand, no netball experience is necessary we have a role for everyone.

commencing Wednesday 3rd May

EVANS EQUESTRIAN SERVICES

"THEORY CLASSES"

\$10.00 Per person per class Wednesdays 6:00pm-7:00pm

Theory classes are open to anyone wanting to improve their general knowledge of basic horse care and handling, whether you are currently taking lessons, a parent who has a horse mad child or a rider sitting their pony club certificates, these classes can accommodate all levels. Theory classes will cover a range of topics including but not limited to, Horse handling, feeding, general horse care, grooming, saddling and bridling, and balance.

Registration is essential! Please contact Ainslie on 080206732 or email ains.evans@hotmail.com to secure your position

Accredited to deliver MHFA Courses by MHFA Australia

MENTAL HEALTH FIRST AID

WANT TO HELP
the mental health of your community?

Attend a 12-hour Standard Mental Health First Aid (SMHFA) Course

This course teaches first aid skills for adult members of the public to give initial help to adults experiencing mental health problems, in a mental health crisis situation, or in the early stages of a mental illness.

Where: Kennedy Room, Outpatient Centre, Carnarvon Hospital, Cleaver Street

When: Thursday 22nd & Friday 23rd June 2017, 8.30am - 4.00pm

Instructor(s): Nicole Ebner & Janine Oxenham

Cost: Free

If you're interested in attending this 12-hour SMHFA course, please contact:

Contact name: Nicole Ebner

Phone: 0899416600

Email: nicole.ebner@health.wa.gov.au

Additional Information: Morning/Afternoon tea and Lunch provided

For further information about Mental Health First Aid Australia, please visit our website at: www.mhfa.com.au

commencing Friday 5th May April 17

EVANS EQUESTRIAN SERVICES

"VAULTING"

Vaulting classes will commence at 5:30pm in Term 2. Vaulting is essentially rhythmic movement on horseback and is suitable for all ages/abilities. Classes provide individuals opportunities to develop their skills and those in being developed by working in the group. Vaulting also involves basic movements of vaulting riders.

When: Fridays 5:30pm-6:30pm
Where: Evans Equestrian Services Grounds (by Freeman Street)
Cost: \$10.00 per person per class
Registration essential! Contact Ainslie on 080206732 or email ains.evans@hotmail.com

NO EXPERIENCE REQUIRED, HORSES AND EQUIPMENT SUPPLIED