



School Newsletter

Term 3 Issue 5

16th August 2017

Fr Mariusz Adamczyk	Ex-Officio	Karen Gilbert
Steve O'Halloran	Ex-Officio	
Jim Andreoli	Chairperson	
Marie Gane	Member	
Robyn Bumbak	Member	
Sue Jordan	Member	

Treasurer
Member
Vice Chair
P&F Rep

FROM THE PRINCIPAL'S DESK

IMPORTANT DATES TO REMEMBER

Wednesday 16th August

Monday 21st August

Tuesday 22nd August to

Friday 25th August

Thursday 24th August

Wednesday 23rd August

Thursday 24th August

Friday 25th August

Sunday 27th August

Monday 28th August

Wednesday 30th August to

Saturday 2nd September

Monday 4th September

Wednesday 7th September

Interhouse Athletics Carnival - Pre Primary to Year 2

CATHOLIC FAITH DAY

Book Week - "Escape to Everywhere"

Book Week Parade

Board Meeting - 7:30pm

P&F Meeting - 6:30pm in the Library (Change of Date)

MS Assembly - 1pm

PS Assembly - 2pm - Year 5 in the School Hall

Migrants Day Mass - SRC 9am

OLNA - Numeracy - Year 10

MS ACC Camp

OLNA - Writing - Year 10

OLNA - Reading - Year 10

grant me the
GOD SERENITY
to accept the
things I cannot change
COURAGE
to change the things I can
and the
WISDOM
to know the
DIFFERENCE

Dear Parents, Teachers and Friends,

On Tuesday we celebrated the 'Feast of the Assumption' one of our Holy Days of Obligation. We were fortunate to have Bishop Michael celebrate the mass with us.

The Feast of the Assumption is a very old feast of the Church, celebrated universally by the sixth century. The feast was originally celebrated in the East, where it is known as the Feast of the Dormition, a word which means "the falling asleep." The earliest printed reference to the belief that Mary's body was assumed into Heaven dates from the fourth century, in a document entitled "The Falling Asleep of the Holy Mother of God." The document is written in the voice of the Apostle John, to whom Christ on the Cross had entrusted the care of His mother, and recounts the death, laying in the tomb, and assumption of the Blessed Virgin.

Tradition variously places Mary's death at Jerusalem or at Ephesus, where John was living.

Eastern Christians, both Catholic and Orthodox, continue to refer to the Feast of the Assumption as the Dormition of the Theotokos today.

Other than every Sunday, the Feast of the Assumption of Mary is one of only two Holy Days of Obligation in Australia. The other being Christmas Day.

CONFIRMATION

Last Sunday students from Year 6 received the Sacrament of Confirmation. This was a very joyous occasion and I would like to thank Bishop Michael and Fr Mariusz for co-celebrating the mass for the students. Thanks also to the Year 6 parents who supported the students during their preparation period and a big thank you to Mrs Van Dongen, who coordinated the mass and the preparation of the students leading up to the day.

ATHLETIC CARNIVAL DAYS

Last Wednesday and Thursday the school Athletic Carnival days were held. Whilst the weather on the Wednesday was inclement, this didn't dim the enthusiasm or performances of the students.

Great spirit and sportsmanship was displayed by all and both days were a credit to the coordination of PE Teacher, Miss Towers. The students were trained well and this was evident in their performances. I would also like to thank the parents for their help, as events such as these cannot occur without their support.

SCHOOL BOARD AND P & F MEETINGS

Due to a number of absences, the School Board and P & F Meetings have been postponed till next week.

PUPIL FREE DAY

A reminder to all parents that this coming Monday, August 21st, is a pupil free day.

BOOKWEEK

Next week is Bookweek. The theme for this year's Bookweek is 'Escape to Everywhere'. The highlight of Bookweek is always the dress-up parade and this occurs on Thursday morning at 8:30am in the school hall.

God Bless



Steve O'Halloran
Principal



Pupil Free Day!

Monday 21st August

Middle School News



Firstly, congratulations to Stirling faction who won the Interhouse Athletics Carnival last week. A big thank you to Miss Towers and her band of helpers: students, parents and staff who ensured the smooth running of the two days. I couldn't be there unfortunately to cheer on Grey faction, but I believe it was another amazing Carnival.

Students are busily preparing for the ACC Camp to Perth in a few weeks' time and I know that Miss Towers and Mrs Holtham have been training hard with students, honing their techniques and getting fitness levels up. In Miss Towers' absence next week, Mr Weatherdon has volunteered to assist Mrs Holtham in the training schedules. Thank you to our staff for the extra time you put in to all of our students' extra-curricular activities. We wish you all a great time and hopefully, all personal bests in your events.

The Middle School are also busily organising the Year 9/10 Social on Saturday 9th August later this term and the Year 7/8 Lock in on Friday 13th October (first week of Term 4). Please let me reiterate that all Christian Service Learning hours for Semester One must be completed and verified one week before the events as they remain Good Standing activities. For Year Seven, the expectation for Semester One is six hours, Year Eight = eight hours, Year Nine = ten hours and Year Ten = 12 hours. Only two hours of each year's allocation may be towards a family member, friend or neighbour. Please contact your child's RE or Homeroom teacher for further clarification. As Semester Two has now begun, students have already been working towards their Semester Two requirements. These results will feature on your child's end of year school report, as prospective employers value these comments and achievements as very positive employability attributes.

Finally, thank you all for the concern for me last week in my absence – I had to travel down for emergency dental surgery to Perth, but I really would like to share with you a lovely anecdote: A Year 7 student came up to me today and told me that he had thought I had died because I had been away from school last week! Rather shocked, I asked him why would he think that? He explained that he had been worried because I had been away for more than one day. 'Fair dinkum', this student was genuinely concerned and didn't mean the comment to be offensive, he just wanted me to know that he had been thinking of me. Now, to provide some context, this student doesn't deal with change very well. When I reflected upon this more deeply, I thought about the many students that we have here that also don't cope with change very well. How they respond to changes – positively and negatively, constructively or destructively, enthusiastically or defensively, depend largely upon their resiliency skills. We need to reinforce the fact that life is all about change which will occur regardless, and the only thing within our control is how we respond to it.

When my daughter was born over 17 years ago, I remember a lady passing me this beautiful insight into the way we deal with change. It was particularly poignant to me because I had just found out that my newborn had been diagnosed with a severe disability that had gone undetected throughout my pregnancy. To say that I was shocked and unprepared, was an understatement but as you read the words of Emily Perl Kingsley (1987), I hope you will be able to see that the way we choose to respond to changes, good or bad, will significantly affect the level of influence you have in change and its implementation.

"I am often asked to describe the experience of raising a child with a disability – to try and help people who have not shared that unique experience to understand it, to imagine how it would feel. It's like this ...

When you're going to have a baby, it's like planning a fabulous vacation e.g. trip – to Italy. You buy a bunch of guide books and make your wonderful plans – the Coliseum, The Michelangelo David, the gondolas in Venice. You may learn some handy phrases in Italian. It's all very exciting. After months of eager anticipation, the day finally arrives. You pack your bags and off you go. Many hours later, the stewardess comes in and says, "Welcome to Holland."

"Holland?!?" you say. "What do you mean Holland? I signed up for Italy! I'm supposed to be in Italy. All my life I've dreamt of going to Italy."

But there has been a change in the flight plan. They've landed in Holland and there you must stay. The important thing is they haven't taken you to a horrible, disgusting, filthy place, full of pestilence, famine and disease. It's just a DIFFERENT place.

So you must go out and buy new guide books. And you must learn a whole new language. And you will meet a whole new group of people you would never have met. It's just a different place. It's slower-paced than Italy, less flashy than Italy. But after you've been there for a while and you catch your breath, you look around ... and you begin to notice that Holland has windmills ... and Holland has tulips. Holland even has Rembrandts.

But everyone you know is busy coming and going from Italy ... and they're all bragging about what a wonderful time they had there. And for the rest of your life, you will say "Yes, that's where I was supposed to go. That's what I had planned."

But ... if you spend your life mourning the fact that you didn't get to go to Italy, you may never be free to enjoy the very special, the very lovely things ... about Holland.

After returning from an incredible trip to Italy with my husband in April this year, I can report that Italy truly is wonderful ... but then, so is Holland ... equally.

Take care until next time ...

Kind regards

Sam Da Luz

Head of Middle School





Parish News

Mass times have been changed

**Saturday night - 7pm
Sunday morning - 9am**

Reconciliation

Thursday 31st August	Parent Meeting
Sunday 3rd September	Commitment Mass
Thursday 9th November	Parent/Child Meeting
Thursday 16th November	1st Reconciliation



Confirmation 2017

On Sunday 14th August, we celebrated the Sacrament of Confirmation. Twelve Year 6 students completed the final step in initiation into the Church. Congratulations to the following candidates who made the commitment to further deepen their faith – David Andreoli, Tanna Bellotti, Jack Buzzard, Edward Capewell-Randall, Jorja Eyre, Jayne March, Taylor McDonald, Lomasey Mongoo, Cade Munro, Gil Perry, Magnus Warren and Jenny Tran.

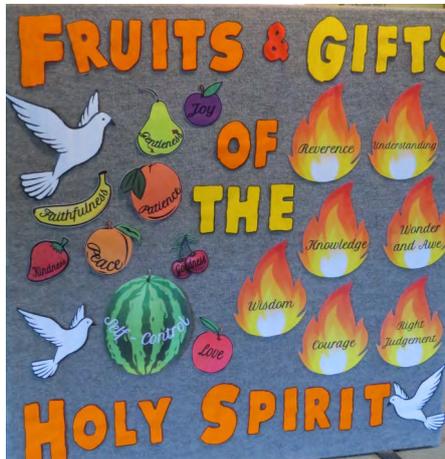
This year was very special. We welcomed back a familiar face who recently changed roles within our Diocese. We would like to thank Bishop Michael for attending and confirming us on our special day.

We would also like to thank all our family, friends, teachers and parishioners for being there for us during our journey and on the day.

A big thank you to all parents who attended the busy bee on Saturday. The church looked beautiful! We would like to thank in particular Stephanie and Leanne from Tilley Lane for providing gorgeous flowers and Veronica Luis for the delicious cake.

Mrs Patricia Van Dongen
Year 6 Teacher

Confirmation 2017



Athletics Carnival 2017



Kindergarten

KINDERGARTEN INTERVIEWS

Currently enrolments are being taken for Kindergarten 2018. Interviews will be conducted during August. Parents of siblings already at St Mary's still need to enrol their child. Interviews however, may not be necessary.

PRE-KINDERGARTEN 3 YEAR OLD ENROLMENTS

Enrolments for children to begin the 3 Year Old pre-kindergarten programme are currently being taken. All parents that have children turning 3 prior to attending the Kindergarten programme are welcome to contact the school for further information.



“Escape to Everywhere”

Annual Book Fair

All Purchases Will Benefit Our School

Date: Tuesday 22nd, Wednesday 23rd & Thursday 24th August 2017

Time: 8:30am until 2:30 pm

Place: St Mary Star of the Sea Catholic School - School Library

Don't forget your costumes - Kindy to Year Ten -

Book Week Parade is Thursday 24th August

Uniform Shop

The uniform shop is open every Tuesday and Thursday from 2.15pm to 3.15pm. Long sleeve blue polo shirts are now available. Prices are \$28.00

Homework Classes

Homework classes are each Tuesday and Thursday

Please contact the school office for further information





ABORIGINAL FAMILIES AS FIRST EDUCATORS

The playgroup Facilitator and Family Liaison Officer will work alongside parents and carers as first educators to prepare their children with strong foundations to, BE, BELONG and BECOME independent, spirited individuals with a bright and prosperous future.

WHO

For Aboriginal and Torres Strait Islander families with children 0-4 years of age

WHERE

30 Egan Street

WHEN

Monday and Wednesday
Mornings 9am-12pm



WHAT'S ON AT PLAYGROUP?

FRUIT TIME LEARNING GAMES
CONVERSATIONAL READING INDOOR ACTIVITIES
SENSORY ACTIVITIES **OUTDOOR PLAY**
ENRICHED CARE-GIVING LAUGHTER **FUN**
TEA AND COFFEE **LEARNING**



CATHOLIC EDUCATION
WESTERN AUSTRALIA

This initiative is proudly funded by the Australian Government

Woolworths Earn & Learn 2017

Dear Parents,

This year we will be participating in the Woolworths Earn & Learn program. Through this program we will be able to get new educational resources for our school/early learning centre – and all we need you to do is shop for your groceries at Woolworths.

From Wednesday 26th July to Tuesday 19th September or while stocks last, we are collecting Woolworths Earn & Learn Stickers. You will get one Woolworths Earn & Learn Sticker for every \$10 spent (excluding liquor, tobacco and gift cards). Place the Woolworths Earn & Learn Sticker onto a Woolworths Earn & Learn Sticker Sheet and when it's complete, the Sticker Sheet can be dropped into the Collection Box here at the school or at your local Woolworths.

At the end of the promotion, we'll be able to get some great new equipment. The range is extensive and offers lots of items ideal for our students – including resources for Maths, English, Science and some fantastic fun supplies for Arts & Craft, Sport and for our library. If you'd like to know more, visit woolworths.com.au/earnandlearn

St Mary's drop off zones for stickers will be at the St Mary school office, the Junior Learning Centre or at Woolworths.

Thank you for your support



BOOK FAIR BOOK FAIR BOOK FAIR BOOK FAIR BOOK FAIR BOOK FAIR

Big News Everybody.... Once again, we will be running a Book Fair in the Library. It will be run over three days, starting on Tuesday the 22nd August. All classes will be visiting the Library and the students will be encouraged to choose a couple of books they would enjoy reading.

Please drop into the Library between 8.30 and 2.30 from Tuesday the 22nd August, Wednesday the 23rd August and Thursday the 24th August and we can help you with your selections.

The Library makes a commission on all items sold and these proceeds will be used to purchase new books for the Library.

Thank you for your support and we look forward to seeing you all.

Susanne Aiken

Library Officer

BOOK FAIR BOOK FAIR BOOK FAIR BOOK FAIR BOOK FAIR BOOK FAIR

***Don't forget your costumes – Kindy to Year Ten
Book Week Parade is Thursday 24th August 2017***



Student Workplace Profile

Student: Sonia Leca (Year 11)
Workplace Learning at: Granny Glasgow
Completing: Certificate III Early Childhood Education and Care



What is the best thing about your workplace learning?

I love working with children, so I think the best part about my placement are the times when I get to do activities with the children such as painting or ribbon dancing. I love doing those fun things with the children because their personalities really come out. It's so enjoyable to watch how happy they are and see them try new things.

Have you faced any challenges in the workplace?

It is hard sometimes, coming in only one day a week because a lot can happen in the space of a week. Schedules and routines often change, but it has taught me a lot about communication and the need to be adaptable in the workplace.

What is the most valuable thing you have learned while on work-place learning?

Whether you are caring for a child or working with other assistants, I think it is important to understand that everyone is different. No two children are the same, they all have different needs, abilities and interests, and so I have had to learn how to work with and accommodate for this.

What advice would you give other students wanted to do a work placement?

No matter where you go and what you end up doing, even if it's not in an area you are specifically wanting to work in in the future, it is all valuable learning. It is worth persisting in because you never know what value it may have later on.

Finally, where would you like to go from here?

Since pre-primary I have always said that I would like to work with children. I undertook work experience in Year 10 at Carnarvon Christian College and loved that. I hope to have completed my Certificate III by the end of Year 12 and eventually go on to university to study to become a primary school teacher.

#MediaSavvySports

How to successfully use media to engage with your community



Sport and Recreation is pleased to present a **FREE** informative and interactive workshop on "How be media savvy" for clubs, associations and community groups.

The workshop is designed for anyone in your club or group who assists in delivering, or is interested in, effective and efficient media communication tools, tips and tricks.

Be prepared to use your brain and have a little fun, as you discover how to think fast and deliver a story - in 140 characters or less!

Tips and tricks

This informative workshop will cover the following essentials for successfully using media to communicate with your audience:

- What sort of media can be used and which one/s are best for your club/group?
- How to get the best 'bang for your buck'
- How to create interesting and relevant content
- What apps can you use
- Ways to deal with a media crisis

Thursday 24 August 2017
5:30 - 7:30pm

Venue:
Council Chambers
22 Maldstone Crescent, Exmouth

Workshop notes and light refreshments provided

This workshop program is part of the Sport and Recreation Active Series which provides learning and development opportunities to the WA Sport and Recreation industry.

Our whole community **wins**

RSVP:

by Friday 18 August 2017

RSVP by emailing
Natalie Hair
natalie.hair@dlgsc.wa.gov.au

To discuss any aspect of this Active Series Workshop contact Natalie on 9941 0900 or 0406 488 641 or via email.

Dolly Bhargava Presents a Workshop on Achieving Practical Positive Solutions To Enhance the Lives of the Individuals We Support



Dolly Bhargava is a Speech Pathologist with a Master in Special Education. She has 17 years of experience in providing positive, realistic and productive solutions children in early childhood, school, family homes, prisons, accommodation and community settings. She has authored and developed a number of insightful books and apps, including America's National Parenting Publications Award Winner 'Taking CHARGE of my Rainbow of Emotions'. She has recently developed an innovative App and Book Series, 'Behaviour Zen'. Behaviour Zen aims to systematically guide educators, parents and professionals to assess, prevent, manage challenging emotional and behavioural responses in individuals with Anxiety Disorders, Conduct Disorder, Autism Spectrum Disorder, Oppositional Defiant Disorder and Attention Deficit Hyperactivity Disorder. Please visit www.behaviourzen.com www.dollybhargava.com

So come along to hear this practical and interactive workshop that provides an expert blend of information, skills and strategies that will educate, empower and enable you to be the CHANGE in the lives of the children you support.

Workshop	When?	These practical and interactive workshops will address the following:
<input type="checkbox"/> Managing Challenging Behaviour Positively Cost: \$45 (inc GST)	Wednesday 6 th of Sept 5pm - 8pm	- Introduction to challenging behaviour - Causes of challenging behaviours (e.g. attachment, trauma, temperament) - Internalised (e.g. inconsolable crying, separation anxiety, socially withdrawn) and externalised (e.g. biting, tantrums, aggression) challenging behaviours - Utilising the positive behaviour support framework to identify proactive, active and reactive strategies
<input type="checkbox"/> Supporting Individuals with Anxious, Oppositional and Aggressive Behaviours Cost: \$65 (inc GST)	Thursday 7 th of Sept 5pm - 8pm	- Development of emotions - Understanding anxious, oppositional and aggressive behaviour - Effectively responding to anxious, oppositional & aggressive behaviour - Developing emotional regulation skills at school, home and community

Registration Information

WHO? Parents and caregivers; Professionals - Early childhood, primary and secondary educators; Allied health, disability sector and supervisory staff

Where? Carnarvon Community College, 19 Cleaver St, Carnarvon WA 6701

Contact Dolly Bhargava by emailing qualitycommunication1@gmail.com or call 0423 293 254

Register by posting or emailing the form to qualitycommunication1@gmail.com

Cheque
Behaviour Zen Pty Ltd
1 Jubilee Street,
South Perth WA 6151

Online bank transfer
Bank: ANZ Bank
Account Name: Behaviour Zen Pty Ltd
BSB number: 016270
Account number: 460978536

Credit Card Payment

Card Type: Visa Mastercard

Name on Card: _____

Credit Card Number: _____

Expiry Date: _____ CVC Number: _____