



School Newsletter

Term 3 Issue 6

22nd August 2018

St Mary Star of the Sea School Board

Fr Mariusz Adamczyk
Steve O'Halloran
Jim Andreoli
Warren Schmidt

Ex-Officio
Ex-Officio
Chairperson
Vice Chair

Robyn Bumbak
Sue Jordan

Treasurer
Member
P&F Rep

IMPORTANT DATES TO REMEMBER

Week 6

Monday 20th August to
Friday 24th August
Wednesday 22nd August

Thursday 23rd August

Friday 24th August

Week 7

Sunday 26th August
Monday 27th August
Tuesday 28th August
Wednesday 29th August to
Saturday 1st September
Thursday 30th August to
Friday 31st August

Week 8

Monday 3rd September to
Friday 7th September
Wednesday 5th September
Thursday 6th September

Friday 7th September

Book Week—"Find Your Treasure"

Author Visit

School Board Meeting 7:30pm
Book Week Parade 8:30am at the Outdoor Stage
P and F Meeting—5:30pm in the School Staffroom
Junior Athletics Carnival PP- Yr2

SRC Migrant Mass 9am

CATHOLIC FAITH DAY HOLIDAY
Academy School Photo Day
ACC Camp

Father's Day Stall

Father's Day Breakfast and Stall
MS Assembly 1:05pm

Science Week

Science Fair in the School Hall 3pm to 5:30pm
Interschool Athletics Carnival—Field events
Reconciliation Parent Meeting 6:30pm in the School Library
Interschool Athletics Carnival—Track events



Prayer on the Feast of the Queenship of Mary

O God, who made the Mother of your Son to be our Mother and our Queen, graciously grant that, sustained by her intercession, we may attain in the heavenly Kingdom the glory promised to your children. Through our Lord Jesus Christ, your Son, who lives and reigns with you in the unity of the Holy Spirit, one God, for ever and ever.

FROM THE PRINCIPAL'S DESK

Dear Parents, Teachers and Friends,

Latest research strongly indicates that a student's mindset is the most influential factor in determining success at school, more so than where a student lives or parental background. Of course, a student's mindset is shaped from the environment they are brought up in, and separating the two is impossible.

The mindset identified for strong student performance is that of a growth mindset. That is, if the student believes their grades and results are determined by how hard they apply themselves, practice and try to do their best, they are very likely to succeed. If students of high or low ability believe that learning comes down to talent or ability, they are less likely to succeed.

Praising students because they are talented can have a negative effect on learning as the student believes that he/she doesn't have to work hard to achieve success. And whilst that may work when learning early, however as tasks become more difficult, those who have not learnt how to try hard often give up.

We all know of many talented students/athletes who have never fulfilled their potential because of a lack of effort. These people are victims of the talent vs effort conundrum. They falsely believe their talent is that good, that they don't need to try.

When praising children, it is always best to praise effort, rather than how clever/talented they are.

SCHOOL CARNIVAL DAYS

Last Thursday and Friday, the school athletics carnival days for Years 3 – 10 were held.

Congratulations to Forrest who were the winning faction over the course of the two days. Many thanks to all who helped out on the day, parents and staff, and overall coordinator and PE Teacher, Miss Tiahn Barrett. A terrific effort.

BOOKWEEK

Bookweek is in full swing with the parade, which is always a highlight, occurring this Thursday morning on the stage area in front of the school oval. All are welcome to come and see the effort parents and students have gone to dressing up to the theme 'Find Your Treasure'.

PUPIL FREE DAY

This Monday, 27th August, is a pupil free day for both staff and students.

PRIMARY ASSEMBLY

Year 5 will be leading the Primary Assembly in the hall beginning at 2:00 pm this Friday. All are welcome to attend.

SCHOOL PHOTOS

On Tuesday, 28th August, school photos are occurring. Please ensure students are in their correct school uniform on the day.

FATHER'S DAY STALL

Next week, there will be a stall being organized by the P & F for students to buy some very well priced items for Father's Day. Further information will be forthcoming following tomorrow evening's P & F Meeting.

MIDDLE SCHOOL ACC CARNIVAL

Next Wednesday, some students, parents and staff from St Mary's will be travelling to Perth to compete in the ACC carnival. St Mary's students will be competing against students from other Catholic High Schools. We wish all the very best for these days.

PARENTS AND FRIENDS MEETING

Tomorrow evening, the St Mary's P & F will be holding a meeting beginning at 5:30 pm in the School Library. New members are always welcome, so if you have a few ideas and are keen to help out, please come along.

JUNIOR PRIMARY CARNIVAL DAY

This Friday, the students from Preprimary – Year 2 will be having their athletics carnival day. This is always a lot of fun for the students and they love seeing parents coming along and getting involved. The day's events begin at 8:45 am.

SRC MASS

The Student Representative Council will be leading the parish in mass this weekend beginning at 9:00 am. All are welcome to come along. The theme for the mass this weekend is 'Migrant Sunday'.

ST MARY'S PARISH BAZAAR

The Bazaar is happening again early next term. Keep the date free, Saturday, 13th October. There'll be many fun things to do to keep everyone entertained. Great food is also available..

God Bless



Steve O'Halloran
Principal



From the REC

Parish News

Mass Times

Saturday night - 7pm

Sunday morning - 9am

Sacrament of Reconciliation

If there are any students in year 4 or 5 who are new to the school or have not made the Sacrament of Reconciliation for whatever reason and would like to please email me adrian.good@cewa.edu.au and I would be happy to discuss this with you further. [The parent reconciliation meeting is coming up in week 8 on the 6th of September at 6:30 pm in the School Library.](#)

Mr Adrian Good
Religious Education Co-ordinator



Candace Campbell and
Angela Lyall at the
Assumption Mass



SAVE THE DATE

Parish Bazaar

SATURDAY 13TH OCTOBER

Time: 4pm to 7pm

Middle School News

This is a plea for help for the TropiCool Float Parade taking place on Sunday 2nd September.

If you have any shrubbery, flowers, St Mary's memorabilia and some time, we would love your help on Saturday 1st September to decorate our St Mary's float. It will take us all day to get it together and "Many hands make light work!"

Please let the front office know if you can help out on Saturday. Thank you.

St Mary's Float Committee.



TERM DATES

First Day of Term 3—Tuesday 17th July
Last Day of Term 3—Friday 21st September

First Day of Term 4—Monday 8th October
Last Day of Term 4—Friday 7th December

Catholic Faith Day

Monday 27th August

Pupil Free Day!

Year 3—6 News

Wow how quickly is this term going? Everyone has been super busy; Year 6 Confirmation, Bishop's Literacy Tests (Yr3 & 5) , Faction Carnivals and the Book Week parade tomorrow morning lucky we have a long weekend coming up so we can all catch our breath.

When so much is happening some children can respond in emotional ways. I was lucky enough a couple of weeks ago to attend a Youth Mental Health First Aid course and one of the things that struck me was the need to talk about Mental Health in the same way we do about physical illnesses such as Asthma etc.

Primary school kids are still learning to identify emotions, understand why they happen, and how to manage them. As children develop the things that provoke emotional responses change, as do the strategies they use to deal with them.

Check out these strategies you can use to help your child shift from feeling stressed, anxious or frightened to feeling safe and calm,

Watch closely. How does your child take in information? How do they seek out social connection and communicate?

Respond. Acknowledge their feelings and respond with reassuring words or a hug. Talk about helpful ways of managing feelings and encourage your child to try out different options. Remember that it's not always easy for kids to know what's bothering them, and they may not always be able to talk about it.

Show empathy. Try to see things from your child's perspective and understand their motives. This helps you to ward off any potential problems and respond quickly and appropriately.



Use problem-solving techniques. Talk about the things that are bothering them. Break the problems down together and help your child see the different perspectives and solutions. Provide structure and predictability. Have age-appropriate routines and limits. Include relaxation breaks in your day. Give stretching, exercise or quiet time a go. Teach by showing. Show kids how you manage your own feelings effectively. Acting calmly will help to reassure your child that they too can manage difficult feelings.

Until next time—Trudy Cox
Head of Primary (3-6)

Book Week 2018

Find Your Treasure!

Our Book Week Parade will be on Thursday 23rd August at 8:30am

This year's theme "Find your treasure" at first makes you think of pirates and lost treasure but perhaps this quote can help with costume ideas

"Open a book ...
Find a treasure..."

What book is your treasure?



YOU'RE INVITED

WHERE: ST MARY SCHOOL LIBRARY
WHEN: TUESDAY 21ST AUG - THURSDAY 23RD AUG
TIME: 8 AM—3 PM

HAPPY FATHERS DAY

Dear Dads

You're invited to come and celebrate Father's Day with your children at St Mary's. Our Staff will be cooking and serving bacon and egg rolls to all dads on Friday August 31st from 8:00 - 8:30am.

Please come and join us near the stage area for breakfast and a short liturgy.

In order for us to prepare for the event, can you please notify the front office if you are intending on coming.

Thank you !!!!!!



St Mary's 2018

**SCIENCE
WEEK**

Week 8 Term 3

Recess Videos & Activities

**DAILY QUIZZES
AND PRIZES**

St Mary Star of the Sea

2018

SCIENCE FAIR

Wednesday 5th
September

3pm - 5:30pm

Come and see the works
from students across
Pre-Primary to Year 10.

Tea and Coffee Available





Yr 3 to 10

Athletics Carnival







Sports Carnival Update

Friday 24th August	Junior Carnival PP to Year 2	St Mary's Oval
Wednesday 29th August to Saturday 1st September	ACC Year 7 to 10 (Team to be announced)	Camp to Perth
Thursday 6th September	Interschool Carnival Yr 3 to 6 (Team to be announced)	Jumps and Throws
Friday 7th September	Interschool Carnival Yr 1 to 6 (Team to be announced)	Track

2019 KINDY AND PRE-KINDERGARTEN 3 YEAR OLD ENROLMENTS

Enrolments for children to begin the Kindy and 3 Year Old Pre-Kindergarten Programme are currently being taken.

All parents that have children turning 3 years of age between 1st July 2015 and 30th July 2016 are welcome to contact the school office on 99411 328 for further information.



help

P&F require a parent helper to organise the P&F Father's Day Stall.

The stall will run over two days (Recess time) – 30th & 31st August

If you think you will be able to assist please either contact Mr O'Halloran or Claire van Dongen (claire@everywheretravel.com.au)

Thank you in advance

UNIFORM AND CANTEEN NEWS

UNIFORM NEWS

The uniform shop is open Tuesdays and Thursdays 2.15-3.15pm every week of the term.

Thank you
Charmaine

School Dental Therapy Clinic

The School Dentist will be in Carnarvon until the 6th September. They can be contacted on 99411 336.



There is a large amount of lost property currently outside the School Library, including jumpers, drink bottles, hats and lunch boxes—all with no names.

Please take the time to check out anything that may be yours.



Homework Classes

Homework classes are on each Tuesday and Thursday. Please contact the School Office for further information.



SEQTA



SEQTA Learn and SEQTA Engage are now available as apps!
Bring SEQTA's functionality to your mobile device, plus a few extras:



Never miss a thing

Receive push notifications whenever there's something you need to know about.



Hassle-free authentication

Login by scanning or tapping a secure code, no username or password required!



Keep it secure

Enable fingerprint locking to ensure that only you can access the app.

Other functionality

The SEQTA apps build on the existing capabilities of SEQTA Learn and SEQTA Engage, so you'll be able to:

- › View upcoming assessments and submit work
- › View marked assessments and teacher feedback
- › View and search your courses and lessons
- › Take notes and make task lists
- › View pastoral care information
- › Track upcoming homework
- › View unresolved absences
- › Send and receive direct messages
- › Interact with students, teachers, and parents in forums
- › View relevant school notices
- › Access academic reports
- › View and colour your timetable

...and much more!

If you have any questions, please contact...

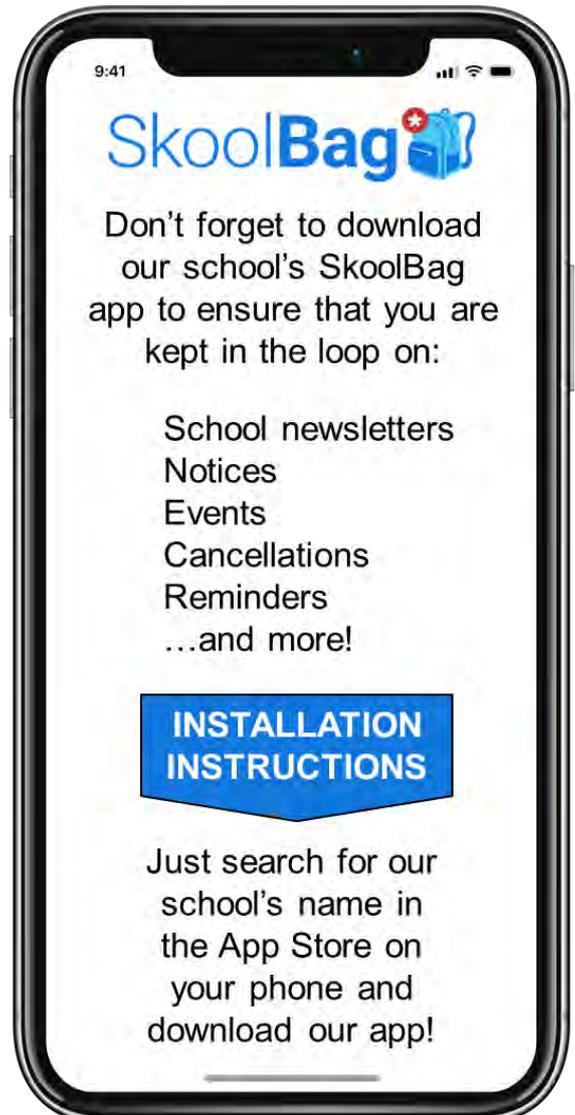
The school administration office on 99411328

The address it is

<https://smsc.conect-p.cathednet.wa.edu.au/>



An Education Horizons Group company





ABORIGINAL FAMILIES AS FIRST EDUCATORS

The playgroup Facilitator and Family Liaison Officer will work alongside parents and carers as first educators to prepare their children with strong foundations to, BE, BELONG and BECOME independent, spirited individuals with a bright and prosperous future.

WHO

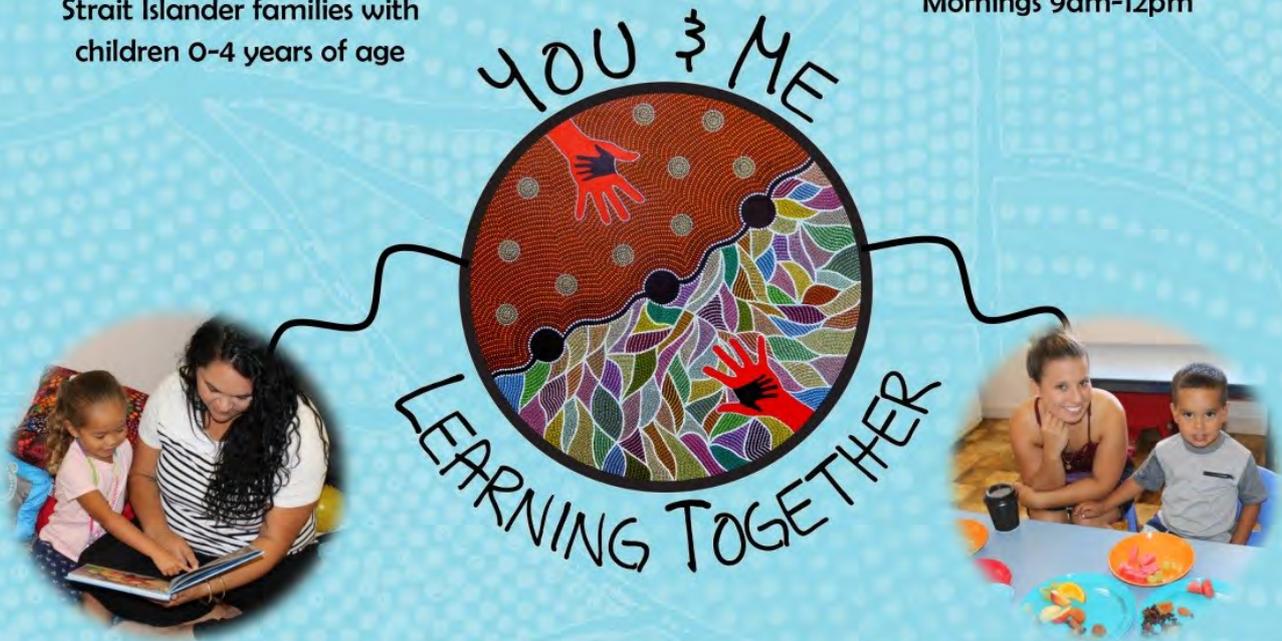
For Aboriginal and Torres Strait Islander families with children 0-4 years of age

WHERE

30 Egan Street

WHEN

Monday and Wednesday
Mornings 9am-12pm



WHAT'S ON AT PLAYGROUP?

FRUIT TIME LEARNING GAMES
CONVERSATIONAL READING INDOOR ACTIVITIES
SENSORY ACTIVITIES **OUTDOOR PLAY**
ENRICHED CARE-GIVING LAUGHTER **FUN**
TEA AND COFFEE **LEARNING**



CATHOLIC EDUCATION
WESTERN AUSTRALIA

This initiative is proudly funded by the Australian Government



Recreational Skippers Ticket

Congratulations to three Carnarvon Campus students who had a successful day on the water, passing both theory and practical tests to gain a Recreational Skippers Ticket. Endorsed programs such as these not only give our students valuable skills but are also important in demonstrating the breadth and depth of learning by our Industry Pathway students.

Up and coming events

We look forward to sharing with you the highlights from the up and coming trips in Week 6 which include both Year 11 and Year 12 students travelling to Geraldton for the Athletics Carnival, and two of our Year 11 students travelling to Perth for the UWA ASPIRE camp. Other important dates include:

Week 9: 10th – 12 September

Year 11 Leadership Day (Geraldton)
Year 11 (2019) Orientation Camp

Week 10: Thursday 20th September

Year 12 Farewell Liturgy and Dinner

Friday 21st September

finishing at 12:00 p.m. and will be dismissed from the Carnarvon Yacht Club.

Last day of term, all Year 11 and 12 students

Week 1 (Term 4): Friday 12th October
(Geraldton)

Year 12 Mass and Graduation Ceremony

All are welcome to attend the liturgical service which will be held at 5:45 p.m. at St Mary Star of the Sea Catholic Church. Dinner tickets are however limited to Year 12 students and their two guests. Dinner tickets are now available to purchase from the Carnarvon Campus at \$25pp.

COMMUNITY NEWS



CARNARVON PCYC
 People & Community Youth Centre

Trash and treasure

CAR BOOT & GARAGE SALE

Sunday 9th September 2018
 * DATE CHANGE *
 8:00am - 12:00pm
 Carnarvon PCYC - 406 Robinson Street

Sausage Sizzle | Soft Drinks | Cake, Tea & Coffee
 Plants | Household Goods | Clothes | Food | Toys
 Bouncy Castle | Sumo Suits | Fairy Floss

COME DOWN AND GRAB A BARGAIN !

To book a STALL contact:
 Carnarvon PCYC - (08) 9941 4116
carnarvonpcyc@wapcyc.com.au

CARNARVON PCYC
 People & Community Youth Centre

55th Anniversary

BURLESQUE

Tropicool Ball

Friday
31ST AUG

7PM - MID-NIGHT
WOOLSHED DRESS - Formal

Tickets *Includes:*
 Canapes - Live Entertainment by Flash Nat & The Action Men - Burlesque Show

Tickets available from
 Carnarvon Visitor Centre
 (08) 9941 1146

GoTinto

Express Carnarvon

Tropicool Festival



Women's Health Morning Tea at Lotteries House

Come join Carnarvon Family Support Service and Radio MAMA for complimentary morning tea, a chat about healthy eating with a dietician, and a walk along the fascine!

9:30am Friday 07/09/2018

Lotteries House: 1 Camel Lane, Carnarvon



KIDS CLUB

(PP to Year 7)

COMBINED WITH FRIDAY FUN CLUB

When: Friday 24th August
Time: 3.00 pm to 5.00pm

Carnarvon Christian School
 Undercover area, Babbage Is. Rd.

For enquiries ring:
John Tomkins: 0428 527 032
Or Brian Fyffe: 9941 1571
 Run by the Churches of Carnarvon

FREE.
 Parents / carers welcome to attend.
 Bible stories, games, craft, afternoon tea



A rising generation under a rising sun

Have some serious fun...

Join the Australian Army Cadets

Head Quarters 2 Squadron is moving into Carnarvon as of Jan 2019. That means there will be more full-time soldiers living in Carnarvon. The Army Commander would like to start an Army Cadets group in Carnarvon you must be at least 13 years of age, and in Year Eight of school to join.

If anyone is interested more information can be found at:
<https://www.armycadets.gov.au/how-to-join/information-for-cadets/>

Please contact WO2 Chris Mapstone on 99412 924 to register your interest.